

tional stability, enthusiasm and lots of energy, a pleasing personality and ability to co-operate with others on the treatment team. Any student over the age of 18 years with intelligence, patience, initiative and understanding will find occupational therapy a rich, rewarding profession.

## OPPORTUNITIES TO ADVANCE

These are excellent. There are many more employment opportunities available than there are qualified therapists to fill them. The increasing number of rehabilitation programmes in this country and the extension of medical services are creating a wide choice of jobs and excellent prospects of advancement for years to come. As the number of people and organizations interested in restoring physically and mentally handicapped children and adults to normal living increases, so do the opportunities for careers in those professions whose members make up the "rehabilitation team". Salaries for occupational therapists start in the \$5,000-\$6,000 range. There are many opportunities for advancement with salaries increasing according to experience, administrative or teaching responsibilities, to over \$10,000 per annum.

## SCHOLARSHIPS AND BURSARIES

Government bursaries plus allowances for books, necessary travel and tuition may be provided, through use of Dominion and Provincial Health Grants, by the Provincial Department of Health, where the individual is prepared to provide an agreed upon return in service. Application should be made to the Provincial Department of Health. Information regarding university bursaries, scholarships and loan funds is contained in the university calendars.

## THE REWARDS OF OCCUPATIONAL THERAPY

Working together to return disabled individuals to useful, happier lives with a maximum physical and mental recovery of health are the physician, nurse, social worker, occupational therapist, physical therapist and others. The occupational therapist as a member of this rehabilitation team has an important role in assisting the disabled to reach maximum mental, physical, social and economic independence.

For further information, those interested should write to the:

Canadian Association of Occupational Therapists,  
57 Bloor Street West, Suite 412,  
Toronto 5, Ontario

which is the national professional organization and a charter member of the World Federation of Occupational Therapists.

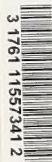
## REHABILITATION SERVICES

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# OPPORTUNITIES FOR OCCUPATIONAL THERAPISTS IN CANADA



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## OPPORTUNITIES FOR

# OCCUPATIONAL THERAPISTS IN CANADA



## WHAT IS OCCUPATIONAL THERAPY?

Occupational therapy is a form of medical treatment, prescribed by a doctor and guided by a qualified occupational therapist to assist in the recovery of the physically and mentally ill.

The activities usually associated with occupational therapy include manual and creative skills such as carpentry, metal work, weaving, printing, gardening, recreational and remedial games, self-help training, activities of daily living and assessment procedures.

## WHAT DO OCCUPATIONAL THERAPISTS DO?

The role of the occupational therapist is interesting and challenging. To achieve treatment goals, the therapist supervises and assists the progress of the patient, through a programme of activities selected for their remedial value and interest to the individual. These goals may



be restoration of muscle power, joint movement and co-ordination, or mastering new or former skills. Psychological goals may include easing emotional stress, stimulating new interest and promoting social adjustment both on an individual and group basis.

The therapist emphasizes early self-help activities such as dressing, eating and personal care. Household activities are stressed for the disabled homemaker. Work tolerance and assessment procedures are necessary before a patient is able to return to work.

## WHERE DO OCCUPATIONAL THERAPISTS WORK?

They work in hospitals, rehabilitation centres, clinics, in home care programmes, with voluntary health agencies and in the armed services, where they are commissioned officers. More jobs are developing in Canada for senior therapists interested in administration and teaching.

## WHAT ARE THE ENTRANCE QUALIFICATIONS?

Entrance qualifications for the university courses require completion of secondary school or senior matriculation with standing as required by the individual universities. For detailed information, calendars should be obtained from the universities listed below.



## WHERE DO OCCUPATIONAL THERAPISTS TRAIN?

In Canada, at the present time, seven universities offer qualifications in occupational therapy. These are the University of Toronto, Queen's University, in Kingston, Ontario, McGill University in Montreal, University of Manitoba, University of Alberta, University of British Columbia and the University of Montreal which offers the only course for French-speaking students. Students may live in residence at the University or in private homes or boarding houses.

## WHAT IS THE COURSE?

Subjects to be studied include chemistry, anatomy, psychology, physiology, psychiatry, medical and surgical conditions, clinical therapeutics and manual skills, which are adapted to provide treatment and rehabilitation of the mentally and physically ill. Upon completion of the course a Diploma is granted. Opportunities to obtain a degree are provided at the University of British Columbia, Queen's University, the University of Manitoba and McGill University.

Additional qualifications for those seeking supervisory or teaching careers in occupational therapy may be obtained at the University of Alberta and the University of Toronto.

## QUALIFICATIONS

The personal qualifications necessary are a desire to help others, physical fitness and emo-